



# 1st March 2022

## Overall Results

Name		Time	Placing
<b>5km Run/Walk</b>			
Oliver	Ashburn	0:17:44	1st
Helen	Grantham	0:21:15	2nd
Gaye	Lewis	0:23:27	3rd
Angela	McConaghy	0:26:25	4th
Melissa	Patterson	0:26:33	5th
Sofie	Mulligan	0:27:48	6th
Abigail	Copley	0:29:00	7th
Wanda	Geldenhuys	0:30:38	8th
Mark	Koopal	0:31:28	9th
Diane	Povey	0:32:15	10th
Harley	Fletcher	0:34:38	11th
Jenny	Barclay	0:34:46	12th
Kelly	Daley	0:37:08	13th
Moira	Lavender-Ashburn	0:37:31	14th
Sarah	Kelly	0:37:50	15th
Nathan	Daley	0:38:00	16th
Anna	Dawson	0:41:38	17th
Christine	Hall	0:44:00	18th
Yvette	Tucker	0:44:29	19th
Susie	Woodward	0:44:54	20th
Bronwyn	Gilchrist	0:45:49	21st
Harald	Hochmann	0:46:08	22nd
Katie	Baxter	0:48:13	23rd
Luzette	Van der Merwe	0:49:00	24th
Ariah	Scheib-Prasad	0:51:18	25th
Milli	Carrington	0:52:18	26th
Crystal	Southey-willis	0:53:57	27th
Charmayne	Johnstone	0:54:02	28th
Julie	Sullivan	0:55:00	29th
Eileen	Collinson	0:55:59	30th

Samuel	van Dyk	0:56:11	31st
Lara	Pollard	0:56:45	32nd
Karyn	Vos	0:57:58	33rd
Thomas	Vos	0:57:58	34th
Annalise	Butson	0:58:00	35th
Susan	Jiwan	0:59:22	36th
Patricia	Anderson	1:01:59	37th
Ramona	Dsouza	1:02:00	38th
Karen	Shaw	1:06:48	39th
Nicole	Hill	1:07:23	40th
Helen	Ouwehand	1:09:07	41st
Lorna	Ammundsen	1:10:29	42nd
Nicola	Langdon	1:12:00	43rd
Penny	Cherry	1:15:00	44th
Delwyn	Campi	1:28:07	45th
Daniel	Ng	1:34:00	46th
Michelle	Knight	1:35:00	47th
Isobel	Scott	2:12:44	48th
Carol	James	2:46:00	49th